

Level 1 Diploma Hair and Beauty

Location	Altrincham Campus
Course Type	College 16-18
Department	Beauty Therapies
Start Date	Tuesday 1st September 2026
Course Code	AFP-BY1D-1100

Course Overview

The global hair and beauty industry is often perceived as catering exclusively to the glamorous, the vain, or those in the public eye. However, global trends indicate a growing consumer interest in hair, beauty, and wellness, placing them high on many people's priority list.

The course offers an entry-level overview of the industry, striking a balance between practical skill development and theoretical knowledge. Our Level 1 Professional program offers two tracks: Hair and Make-up, or Beauty and Nails.

Under expert tutelage, you will hone your fundamental hair and beauty skills to meet professional standards. Practical sessions will encompass a variety of demonstrations, workshops, discussions, and research activities, enabling you to express your ideas through hands-on work and a portfolio of evidence. Theoretical classes will focus on expanding your understanding through discussions and question-and-answer sessions, all in preparation for written exams.

Course Requirements

4 GCSE's at Grade 2 or above (including maths and English Language).

What You Will Learn

Learn from our industry focused hair and beauty team, our excellent industry connections mean that you will have a range of opportunities for work experience and visits. Practical and creative skills will be developed alongside an introduction to the sector; this course will immerse you into the exciting world of customer service and hair, make-up, beauty and nail treatments.

Assessment

You will be assessed continually throughout the course by practical assessments, research assignments, service treatment portfolio and final written end exams.

A minimum of 36 hours work experience which is integral to the course and is assessed as part of the practical element.

Progression

Progression to Level 2 Hairdressing, Beauty Therapy, Media Make-up or Nail Technology on successful completion of the course.

Our students have an excellent record of success with career prospects that include:

Retailing

Commercial hair and beauty salons (minimum L2 qualification)

Destination day spa (L3 qualification)

Self- employed mobile therapist Cruise liners (L3 qualification)

Career Options

Salon Assistant, Nail Technician, Hair Stylist, Freelance makeup artist and working in the retail sector.

Mandatory Units

Mandatory units for this course are:

Introduction to the Hair and Beauty Sector
Presenting a professional image in the salon
Follow health and safety in the salon
Working with others

Optimal units could include:

Hairdressing and Make-up:
Shampoo and Conditioning
Styling Women's Hair
Styling Men's hair
Plaiting and twisting hair
Basic Make-up
Themed Face Paint
Colouring hair using temporary colours
The Art of Dressing Hair
The Art of Photographic Make-up

Beauty and Nails:
Create an image using colour
Skin Care
Basic Make-up
Themed Face Paint
Nail Art Application
Provide Basic Manicure
Provide basic pedicure
Create a hair and beauty image
Salon Reception duties
The Art of Photographic Make-up

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.