

## Level 3 NVQ Diploma in Beauty Therapy Massage

Location	Altrincham Campus
Course Type	College 16-18
Department	Beauty Therapies
Start Date	Tuesday 1st September 2026
Course Code	AFP-BY3D-1500

### Course Overview

This is an occupational qualification that provides students with the knowledge, understanding and skills to work as a spa therapist. This qualification is based on Habia National Occupational Standards (NOS). This qualification is recognised by the UK's largest beauty/spa therapy trade body/professional association, The Federation of Holistic Therapists (FHT) and also the UK's second largest association representing spa/beauty therapy employers, the British Association of Beauty Therapy and Cosmetology (BABTAC) as being fit for purpose for preparing learners for a career as a spa therapist.

This qualification has specifically been designed for the 16-19 age group and builds on existing knowledge and understanding of beauty therapy gained at Level 2, enabling learners to expand the scope of their technical skills to prepare learners for employment as a spa therapist.

### Course Requirements

Level 2 beauty therapy

4 GCSE at level 4 and above

# What You Will Learn

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The content of this qualification is comprised of all the required elements to work effectively as a spa therapist including health and safety, client care and communication, providing spa treatments such as hydrotherapy, body wraps wet flotation and dry flotation as well as how to operate, monitor and maintain the spa area including sauna and steam other equipment.

Learners also have the opportunity to undertake optional units to enhance their range of practical skills such as body massage, massage using pre-blended aromatherapy oils, body electrotherapy, stone therapy and Indian head massage.

## Progression

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- Level 3 Diploma in Complementary Therapies
- Level 4 Diploma in Salon Management
- Level 4 Diploma in Advanced Beauty Therapy

## Career Options

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- Beauty salons
- Day spas
- Independent/self-employed/mobile/home-based settings
- Product manufacturing and training
- Destination/hotel spas

## Mandatory Units

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Monitor and maintain spa area

Provide Spa treatments

Client care and communications

Health and safety

## Contact Details

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For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## Disclaimer

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.