

T Level Foundation Year in Health and Social Care

Location	Altrincham Campus
Course Type	College 16-18
Department	Health & Social Care
Start Date	Tuesday 1st September 2026
Course Code	AFP-HS2T-1100

Course Overview

The level 2 foundation pathway in Health offers an exciting and challenging progression pathway onto Health T levels and Level 3 qualifications where you will spend four days a week in college and one day a week on a work placement.

This qualification provides an insight into the health and social care sector and couples academic learning with practical application to prepare you for progression into your chosen career pathway.

Course Requirements

4 GCSEs at grade 3 or above (including English and/or maths).

What You Will Learn

The T-level Foundation Year aims to give students a broad introduction to the Healthcare and Healthcare Science industries and relevant technical knowledge and practical skills required to be successful. The course provides a high quality route to T-levels, for students who may benefit from additional study time and preparation before progressing on to a Level 3 T-level.

Alongside the technical qualification students will continue with English, math, Science and digital skills to enhance industry required skills.

Assessment

You will be assessed through a variety of assignments, exams and a placement-based project

Progression

Progression opportunities could include:

Health & Social Care - Technical Extended Diploma - Level 3
T Level

Career Options

On completion of your T-level, the career opportunities are wide-ranging and diverse. You could access further training/Higher Education to work towards a career as a:

Nurse
Physiotherapist
Dietitian
Speech and Language Therapist
Diagnostic Radiographer
Midwife
Healthcare Science Assistant
Laboratory Assistant
Radiography Assistant
Physical Sciences and Biomedical Engineer
Life Sciences
Physiological Sciences
Operating Department Practitioner
Podiatrist

You could also apply for any of the following positions (depending on occupational specialism and interest):

Health Care Assistant
Mental Health Support Worker
School Nursing Team Assistant
Community Health and Well-being Worker
Learning Disability Support Worker
Psychology Support Worker
Physiotherapy Assistant
Occupational Therapy Assistant
Ambulance Support Worker
Operating Department Assistant

Mandatory Units

Units for this course include:

Modules

Human Growth

Equality and Diversity

Safeguarding

Science concepts

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.