

Level 3 Diploma in Adult Care

Location	Altrincham Campus
Course Type	Adult
Department	Health & Social Care
Start Date	Friday 27th February 2026
Duration	Part-time, 1 Year
Time	12:30 - 15:00
Fee	£ 2942.00 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	APQ-HS3D-1100

Course Overview

This qualification will support learners to develop the knowledge and skills required to work in a range of clinical healthcare support settings and in adult care environments. It comprises of a combination of taught units and written assessments alongside practical observations in the workplace.

Students will need to be working, volunteering or on practical placement to be able to show competence in both knowledge and skills.

Course Requirements

Qualifications, employment, training and skills will be considered

What You Will Learn

This course covers a wide range of areas including core areas such as communication, data handling and equality and diversity as well as more specialised topics such as end of life care and positive risk taking.

You will learn how to work with a range of individuals in a variety of settings. You will study and practice your communication skills and ability to promote independence. You will have the opportunity to learn theory in the classroom and then implement this in the care sector.

Assessment

Work placement assessments
Assignments
Homework tasks

Progression

HE courses or employment in HSC sector

Career Options

Employment:

- lead adult care worker
- senior care support worker
- lead personal assistant
- apprenticeships in degree careers

Mandatory Units

Promote Communication in Care Settings

Handling Information in Adult Care

Promote Own Continuous Personal and Professional Development

Person-Centred Practice, Choice and Independence

Understand How to Promote Personal Wellbeing

Promote Equality, Diversity, Inclusion and Human Rights in Care Settings

Promote Health and Safety in Care Settings

Support the Health and Wellbeing of Individuals in a Care Setting

Scope and Responsibilities of an Adult Care Worker

Understand Duty of Care

Understand How to Safeguard Individuals

Understand Mental Capacity and Restrictive Practices

Infection Prevention and Control in a Care Setting

Principles of Advocacy

End of Life Care

Positive risk taking

Learning disabilities

Supporting personal care

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.