



## Level 3 AAQ Cambridge Advanced National Extended Certificate in Health and Social Care

Location	Cheadle College
Course Type	College 16-18
Department	A Levels
Start Date	Tuesday 1st September 2026
Course Code	CFQ-CL3S-1300

### Course Overview

---

Health and Social Care is a dynamic and rewarding subject that prepares you for a future in one of the UK's most vital sectors. Whether you're interested in nursing, social work, midwifery, or other allied health professions, this course provides the perfect foundation. Equivalent to one A Level, this qualification is suitable for students looking to develop their knowledge and skills in Health and Social Care as part of a study programme alongside two other A Levels.

### Course Requirements

---

4 GCSEs grade 5 and above including English & Maths.

This course is suitable for students with an interest in health, social care, or related fields

Good written communication and analytical skills are beneficial.

### What You Will Learn

---

Students will develop:

- A broad understanding of health and social care principles
- Skills in person-centred care and ethical decision-making
- Knowledge of anatomy, physiology, mental health, public health, and nutrition
- Awareness of equality, diversity, and rights in care settings

You will also develop essential skills in communication, empathy, and professionalism - qualities that are highly valued in both higher education and the workplace.

## Assessment

---

You will learn through a mix of coursework and external assessments, applying your knowledge to real-world scenarios and case studies.

For this qualification, students must complete six units:

- Two mandatory externally assessed units
- Two mandatory NEA units
- Two optional NEA units

This course is graded: Distinction\*, Distinction, Merit, Pass

## Progression

---

This qualification supports progression to:

- Undergraduate degrees in nursing, social work, psychology, public health, and related subjects
- Higher apprenticeships in health and social care
- Other Level 4+ vocational qualifications

## Career Options

---

Students completing this course may pursue careers in:

- Nursing and midwifery
- Social work and care management
- Mental health support
- Public health and community outreach
- Nutrition and wellness coaching

## Mandatory Units

---

Principles of health and social care

Anatomy and physiology for health and social care

Person-centred approach to care

Supporting people with mental health conditions

## Contact Details

---

For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## Disclaimer

---

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.