



## Sewing for Beginners

Location	Cheadle College
Course Type	Adult
Department	Art & Design
Start Date	Thursday 22nd January 2026
Duration	Part-time, 9 Weeks
Time	10:00 - 12:00
Fee	£ 81.00 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	CPQ-CYZ-1042

## Course Overview

Taking a sewing for beginners course can offer a variety of benefits, whether you are interested in sewing as a hobby, creative outlet, or a potential career.

This course will teach you practical skills that can save you money by allowing you to mend and alter clothing instead of replacing or discarding it. This can contribute to sustainability and reduce clothing waste. Learning to sew allows you to express your creativity and individuality. You can personalise your clothing, accessories, and home decor items to reflect your unique style. It can be a calming and meditative activity that reduces stress and promotes relaxation. Sewing classes can be a great way to meet like-minded people and engage with a creative community. Choose your own project and learn at your own pace.

Once you have mastered the basics, you can explore more advanced techniques and projects!

Please be informed that participants are required to have a sewing box containing essential equipment. Additionally, each participant is responsible for bringing their own sewing machine to the class.

# Course Requirements

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Participants are not required to possess any previous knowledge or expertise. We welcome individuals with a genuine enthusiasm for the subject and a willingness to actively engage and contribute.

## What You Will Learn

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Students will learn fundamental sewing skills, including how to operate a sewing machine, hand-sew, and understand essential sewing terminology. Also, how to read patterns, make clothes, craft and household items. This knowledge forms the foundation for more advanced sewing projects.

## Assessment

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There will be no formal assessment. Students will receive helpful feedback throughout the course.

## Progression

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Upon successful completion of the course students may wish to progress to the advanced sewing course to develop their skills further.

A variety of leisure and community courses are offered for your enrolment, including but not limited to:

- Hair and Media Make-up
- Health and Social Care
- Art and Design
- Languages
- Childcare and Education
- Counselling
- Digital Skills
- Hospitality and Catering

## Career Options

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Completing a beginner's sewing course can be the first step towards a range of career options in the fashion, textile, and design industries, or it can simply serve as a foundation for a fulfilling hobby. Here are some potential career paths and opportunities after completing a beginners sewing course:

- Fashion Designer
- Tailor or Seamstress
- Dressmaker
- Textile Artist
- Fashion Blogger or Influencer
- Fashion Merchandiser

## **Mandatory Units**

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There are no mandatory units

## **Contact Details**

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For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## **Disclaimer**

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.