

## Level 5 Award in Principles of Professional Coaching

Location	Online
Course Type	Adult, University Level
Department	Business & Law
Start Date	Friday 1st August 2025
Duration	Part-time, 1 Year
Time	09:00 - 17:00
Fee	£ 425.00
Course Code	XAP-XD5A-1100

### Course Overview

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These qualifications are designed to support individuals in the development of knowledge of professional coaching, helping them understand the core requirements for effective coaching practice. Designed for individuals wishing to develop their knowledge of professional coaching in order to understand the coaching process, without the requirement to demonstrate the application of skills.

Ideal for middle managers

### Course Requirements

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This qualification can be offered to Learners from age 19.

Applicants must hold Level 5 Management qualification or above

GCSE's Maths and English A-C or an equivalent functional skills qualification at Level 2

Applicants will be contact by course tutor and a formal assessment of the professional will be reviewed

Applicants will be invited to an information session to learn more about the course and eligibility criteria.

## What You Will Learn

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Coaching is a transformative learning process which can enable individuals to achieve their full potential. This unit introduces the principles of professional coaching, including the similarities and differences with other methods of support and the rationale for its delivery. There is a focus on the roles and responsibilities within the coaching relationship, organisational, legal and ethical frameworks and quality assurance.

On successful completion of the unit, the Professional Coach will be equipped with an understanding of the processes for contracting, delivering, and managing coaching

The Professional Coach must utilise their knowledge, skills and expertise when selecting and using strategies for the delivery of professional coaching. Choosing the best approach can be challenging. This unit introduces a wide range of strategies for delivering professional coaching. It also explores the influence of coachee's values, behaviours and culture on their ability to engage with the coaching process. On successful completion of the unit, the Professional Coach will be able to apply their understanding of approaches, models, tools and techniques to develop a strategy to respond to different needs and expectations of coachee's.

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## Assessment

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Written assignment

## Progression

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CMI would recommend the below qualifications as a possible progression route, once complete the Management Coaching and Mentoring qualifications:

- CMI Level 5 Professional Mentoring Practice
- CMI Level 7 Qualifications in Leadership Coaching and Mentoring

## Career Options

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CMI Membership involves making a commitment to your ongoing professional development. CMI provides a range of services to support you in this process, including our nationally recognised qualifications, the wealth of information available through our online resources, as well as routes to Chartered Manager and as your progress along your career journey.

These CPD resources can be accessed through your CMI Membership.

## **Mandatory Units**

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531 Principles of Professional Coaching

## **Contact Details**

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For further information please email [HEenquiries@tcg.ac.uk](mailto:HEenquiries@tcg.ac.uk)

## **Disclaimer**

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.