

Introduction to Supporting Young People with Mental Health and SEND

Location	Online
Course Type	Adult
Department	Health & Social Care
Start Date	Tuesday 15th September 2026
Duration	Part-time, 0 Weeks
Time	10:00:00 - 12:00:00
Fee	£ 0.00 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	XPQ-FLXZ-1100

Course Overview

This short course is aimed at parents and employers, to provide them with strategies for young people with SEND who need support with their mental health needs.

Course Requirements

There are no formal qualifications required to enrol onto this course.

What You Will Learn

By the end of this course, you will be able to identify a range of strategies to support young people with combined mental health and SEND needs and signpost them to organisations and services within your area.

Assessment

There is no formal assessment on this course. You will receive feedback, support, and guidance from your tutor. Your learning will be supported through activities, discussions, paired/individual and group tasks.

Progression

There is an opportunity to progress onto the following courses:

Level 2 Certificate in Supporting Teaching and Learning

Level 3 Certificate in Supporting Teaching and Learning

Career Options

There are opportunities to progress into the following roles:

Learning Facilitators

SEND Practitioners

Teaching and Learning Assistant

Learning Mentor

Mandatory Units

Capturing the voice of the young person.

Emotional regulation support and signposting.

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.